



TREK

2025-2026





THE OUTDOOR SPORTS CHANNEL

DISCOVER THE WORLD'S MOST BEAUTIFUL SPOTS ON TREK.

Rock climbing, trail running, mountain biking, skiing, surfing, mountaineering, base-jumping: this channel offers a range of documentaries that invite you to escape. Whether you're an amateur or an expert, TREK is for all the thrill-seekers out there. A real breath of fresh air!

FROM SHADOW TO LIGHT

5 196 443
HOUSEHOLDS SUBSCRIBED



PRIME TIME

MONDAY
XTREME

TUESDAY
OUTDOOR

WEDNESDAY
BOARDSPORT

THURSDAY
EXPEDITION

FRIDAY
CHALLENGES

SATURDAY
RED BULL
SESSIONS

SUNDAY
WAVE

Mediawan